



2022 DANCE SUMMER PROGRAMS

Make plans
now to have
an awesome
summer with
Stage Stars!



REGISTER AT HAC.FIT/SSDASUMMER

Registration

Registration is to be completed through Jack Rabbit, accessible from hac.fit/ssdasummer



June Registration



July Registration

What to Expect

Students will receive quality instruction in specific styles of dance and acro and perform in a mini recital to be held at the end of each program week. The show will be in person and one person per dancer may attend in the studio performance.

Programs for Ages 3-6

What to Bring

- One snack and a water bottle

What to Wear

- Comfy clothing (no skirts or dresses); you may choose to wear a leotard and tights or a leotard and shorts
- Hair should be in a clean slicked back ponytail or bun
- You are encouraged to wear dance shoes appropriate for your styles, however it is not required.

Programs for Ages 7+

What to Bring

- Two snacks, a lunch*, and a water bottle

What to Wear

- Leotard and tights
- Hair should be in a clean slicked back ponytail (for Hip Hop & Acro) or bun (Jazz, Tap, Ballet, Leaps & Turns)
- Bring shoes appropriate to the style(s) of dance/acro for your program week.

*Students age 7 and up who wish to order lunch from the HAC Café must pre-order their food each morning prior to attending their scheduled programming.

COVID-19 Policies

We will be adhering to the latest COVID-19 safety regulations from the State of Delaware during all program weeks. Adaptations to daily activities may be made to adhere to COVID-19 protocols.

Drop-off and Pick-up Procedure

Drop-off and pick-up will take place in the dance hallway promptly at the beginning and end of each day of programming. Drop-off and Pick-up for children ages 3-6 will take place outside Studio 3. Drop-off and pick up for dancers ages 7+ will take place in the dance hallway, outside Studio 1 or Studio 2. Pick-up for programs taking place in the Acro Area will happen outside of the Acro Area. Non-members should plan to arrive at the club early on the first day of their child's program to register for a temporary HAC Blue Card at the Front Desk.

No refunds after May 1st; program weeks may be swapped depending on availability. Class sizes are limited. Late pick-ups will be charged \$5.00 per minute.

PROGRAMS FOR *ages 3-6*



Pop Diva *Hip Hop and Jazz*

June 13th - 17th, 9:00 am - 12:00 pm | \$235

Ages 3-6 | Studio 3 | Limit 12 Students

Get ready to “move and groove” to your favorite age-appropriate Hip Hop and Jazz songs! Dancers will have a blast letting their inner superstars shine through during this fun week of dance, games, and arts and crafts. Students will work on basic jazz and hip hop moves such as chassé and kick, cross, touch. You don’t want to miss this week as we help our young superstars learn technique, confidence, and stage presence!

Princess Ballerina

Ballet and Tap

June 20th - 24th, 9:00 am - 12:00 pm | \$235

Ages 3-6 | Studio 3 | Limit 12 Students

This is not your average princess camp. Cool jewels rule at the Stage Stars Princess Ball! Your princess will love this star-studded ballet and tap adventure! They will learn important lessons from their animal friends who will help them reach their crowning moment at the Stage Stars Ball!

Twirl and Flip

Acro

June 27th - 30th, 9:00 am - 12:00 pm | \$190

Ages 3-6 | Acro Area | Limit 20 Students

Acro, Ballet and Jazz

July 11th - 15th, 9:00 am - 12:00 pm | \$235

Ages 3-6 | Studio 3 | Limit 12 Students

Calling all tiny acrobats! Join us as we jump on the Tumble Trak, play fun games, and learn basic acro skills like forward rolls, handstands, cartwheels, and bridges. Students will work various tumbling stations to build skills, walk on the balance beam, and run and jump to their heart's content! In the dance studio, we will be working on ballet and jazz techniques such as plié, chassé, and creative movement. Previous dance experience is not required.

*
4-DAY
PROGRAM
WEEK



PROGRAMS FOR *ages 7-10*

Wild about Dance *Jazz, Hip Hop and Tap*

June 13th - 17th,
9:00 am - 4:00 pm \$285

Ages 7-10 | Studio 2 | Limit 18 Students

Let's get loud! It's time to get a little "wild," as we focus on 3 high energy dance styles in one fun-filled week! This week is all about bringing the passion and performance, as dancer's work Jazz, Hip Hop, and Tap techniques. Classes will include music and choreography designed to bring out your inner dance diva, and improve self confidence. Show us how much you love to dance, and don't be scared to get a little wild and crazy!

Queen of Dance *Ballet, Tap and Jazz*

June 20th - 24th, 9:00 am - 4:00 pm | \$285

Ages 7-10 | Studio 2 | Limit 18 Students

This week, we will work on technique, performance quality, and stage presence to become a regal Queen of the dance stage. Students will take daily ballet classes to improve strength, grace, posture, and poise. As we focus on the fundamentals of dance technique in ballet, we will apply what we are learning to improve our Tap and Jazz techniques as well. Truly all the elements it takes to cultivate an elegant Royal Queen of Dance!



Tap and Tumble

Tap and Acro

June 27th - 30th, 9:00 am - 4:00 pm | \$260

Ages 7-10 | Studio 2 | Limit 18 Students

Are you looking for a focused, fun, and challenging program to build Tap and Acro skills? Well, look no further! During this four-day intensive, we will provide all the skills, steps, progressions, and technique necessary to improve your skill level. At least one year of prior experience in tap is recommended to attend this week, as we are focusing on building tap repertoire and vocabulary. During Acro training, each student will be progressed individually. Students with higher skill levels will be offered specific progressions to provide opportunity for growth and improvement.

Leap & Flip

Acro, Turns & Leaps

July 11th - 15th, 9:00 am - 4:00 pm | \$285

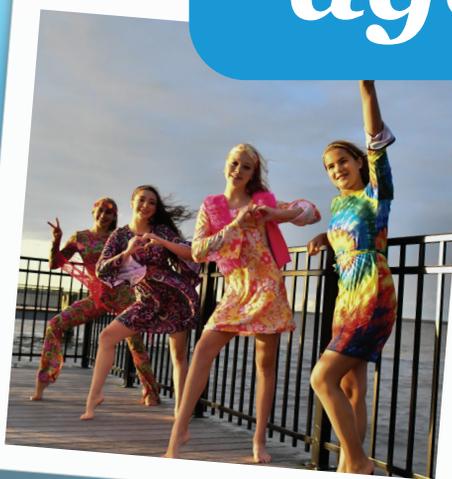
Ages 7-10 | Studio 2 | Limit 18 Students

Acro classes will meet in the tumbling area, where we will use the tumble trak to work acrobatic skills such as side aerials, back walkovers, and back handsprings. During acro training, students are progressed individually, so everyone is able to work to their fullest potential. Turns & Leaps is a dance technique class designed to focus on the leaps, jumps, and turns dancers perform in Jazz and Ballet. This specialized class teaches you to improve strength and form when executing basic leaping and turning skills, as well as advanced progressions like switch leaps and fouetté turns. At least 1 year of prior experience in ballet and jazz is required to attend this week.

*
4-DAY
PROGRAM
WEEK



PROGRAMS FOR *ages 11+*



Leap & Flip *Acro, Turns & Leaps*

July 11th - 15th, 9:00 am - 4:00 pm
\$285

Ages 11+ | Studio 1 | Limit 12 Students

Acro classes will meet in the tumbling area, where we will use the tumble trak to work acrobatic skills such as side aerials, back walkovers, and back handsprings. During acro training, students are progressed individually, so everyone is able to work to their fullest potential. Turns & Leaps is a dance technique class designed to focus on the leaps, jumps, and turns dancers perform in Jazz and Ballet. This specialized class teaches you to improve strength and form when executing basic leaping and turning skills, as well as advanced progressions like switch leaps and fouetté turns. At least 1 year of prior experience in ballet and jazz is required to attend this week.





**STAGE
STARS**
DANCE & ACRO



Questions?
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