



2023 DANCE
SUMMER
PROGRAMS

REGISTER AT HAC.FIT/SSDASUMMER

Registration

Registration is to be completed through Jack Rabbit, accessible from hac.fit/ssdasummer



Register Here

What to Expect

Students will receive quality instruction in specific styles of dance and acro and perform in a mini recital to be held at the end of each program week. The show will be in person and one person per dancer may attend the in studio performance.

Programs for Ages 3-5

What to Bring

- One snack and a water bottle

What to Wear

- Comfy clothing (no skirts or dresses); you may choose to wear a leotard and tights or a leotard and shorts
- Hair should be in a clean slicked back ponytail or bun
- You are encouraged to wear dance shoes appropriate for your styles, however it is not required.

Programs for Ages 6+

What to Bring

- Two snacks, a lunch*, and a water bottle

What to Wear

- Leotard and tights
- Hair should be in a clean slicked back ponytail (for Hip Hop & Acro) or bun (Jazz, Tap, Ballet, Leaps & Turns)
- Bring shoes appropriate to the style(s) of dance/acro for your program week.

*Students age 6 and up who wish to order lunch from the HAC Café must pre-order their food each morning prior to attending their scheduled programming.

Drop-off and Pick-up Procedure

Drop-off and pick-up will take place outside of dance studio 1, 2, or 3 promptly at the beginning and end of each day of programming. Drop-off and Pick-up for children ages 3-5 will take place outside dance Studio 3. Drop-off and pick up for dancers ages 6+ will take place outside dance Studio 1 or Studio 2. Pick-up for programs taking place in the Acro Area will happen outside of the Acro Area. Non-members should plan to arrive at the club early on the first day of their child's program to register for a temporary HAC Blue Card at the Front Desk.

No refunds after May 1st; program weeks may be swapped depending on availability. Class sizes are limited.

Late Pick-up Policy

Dance Summer Programming will end promptly at 12:00 or 4:00 pm, depending on the class. There will be a \$15 late fee if your child is picked up 15 min. late and a \$30 late fee if your child is picked up between 15 min. and 30 min. late. Your child will be placed in childcare if they are not picked up 30 min. after their class ends.

PROGRAMS FOR ages 3-5



Mermaid and Unicorns

Ballet, Tap, & Acro

June 12th - 16th, 9:00 am - 12:00 pm | \$235

Ages 3-5 | Studio 3 | Limit 12 Students

Float through the sea as a beautiful mermaid, or glide through the air as a graceful unicorn! Let your imagination soar as we set sail on a magical adventure learning ballet, tap & Acro skills. There's perfect pliés and terrific tap sounds ahead for your dancer, as well as galloping, leaping unicorns in the Acro area! We'll even get to jump on the trampoline as we journey to the enchanted castle!



Trolls Dance Party

Jazz, Tap, & Acro

June 19th - 23rd, 9:00 am - 12:00 pm | \$235

Ages 3-5 | Studio 3 | Limit 12 Students

Calling all trolls! It's time to boogie, dance, and play together. Music, laughter, and fun abound as we shake it in jazz, and make fun sounds with our feet in tap! We'll visit Troll Village in the acro area, jump on the trampoline, and do obstacle courses. You don't want to miss it!

Barbie Dolls

Jazz, HipHop, & Acro

June 26th - 30th, 9:00 am - 12:00 pm | \$235

Ages 3-5 | Studio 3 | Limit 12 Students

Hitch a ride in the pink corvette down to Malibu! We'll spend the week at Barbie's Dreamhouse learning Jazz, Hip Hop moves, and Acro tricks. Everything is pink and sparkly in Barbie's world as we dance, play games, and climb obstacle courses in Acro. We will also use the trampoline to jump, bounce, and tumble. Best week ever!

Encampo

Ballet, Jazz & Acro

July 10th - 14th, 9:00 am - 12:00 pm | \$235

Ages 3-5 | Studio 3 | Limit 12 Students

Magic is in the air! Dance to your favorite songs from Encanto, while exploring Casa Madrigal. We'll travel through magic doors and secret passages, learning Ballet, Jazz, and Acro tricks along the way. Dancers will also climb the hidden mountains over obstacle courses, and then jump and bounce down the trampoline!



PROGRAMS FOR *ages 6-9*

Under the Sea

Ballet, Tap, & Acro

June 12th - 16th, 9:00 am - 4:00 pm | \$285

Ages 6-9 | Studio 1 | Limit 16 Students

Join Ariel, Flounder, Sebastian and all her Under the Sea friends for this magical week of Ballet Technique, Tap, and Acro tricks. We will certainly learn to use our "land legs" this week, making beautiful positions in Ballet and fun sounds & rhythms in tap! We'll tumble through the waves in acro, turning upside down and bouncing down the trampoline. Even Ursula can't stop us from learning new skills this week!

Troll Mania

Ballet, Tap, & Acro

June 19th - 23rd, 9:00 am - 4:00 pm | \$285

Ages 6-9 | Studio 1 | Limit 16 Students

Music and movement abound this week, as Queen Poppy and the Pop Trolls teach us new moves in Jazz and Tap! We'll explore all genres of music as we dance, play, and learn how to move and groove to different styles. We'll work tricks and skills in acro to incorporate into our dancing. Join us to get the party started and unite all trolls!



Barbie World

Jazz, Hiphop, & Acro

June 26th - 30th, 9:00 am - 4:00 pm | \$285

Ages 6-9 | Studio 1 | Limit 16 Students

Barbie's heading off to a Performing Arts camp in the big city! Pack your bags and come along, as we learn the latest Jazz and Hip Hop moves for our debut performance. Let your inner star shine bright, as we gain confidence by working on freestyle and improv. To top it off, Acro will help us learn tricks to wow the crowd! It's going to be a sparkly, spectacular show!

Descendance

Ballet, Jazz, & Acro

July 10th - 14th, 9:00 am - 4:00 pm | \$285

Ages 6-9 | Studio 1 | Limit 16 Students

Mal is ready to put on her dancing shoes, and join us for this fun week of Ballet, Jazz & Acro. There's no evil Queens here! We'll learn to dance like a Princess in Ballet, with grace and technique. We'll then get the party started in jazz, dancing to all your favorite Descendants songs! Even Maleficent can't stop the fun this week, as we dance, twirl, and tumble in acro.



PROGRAMS FOR *ages 10-13*



Leaps & Turns

June 19th - 23rd, 9:00 am - 4:00 pm | \$285

Ages 10-13 | Studio 2 | Limit 16 Students

Turns & Leaps technique classes focus on the leaps, jumps, and turns dancers perform in Jazz and Ballet. These specialized classes will help you improve strength and form when executing basic leaping and turning skills, as well as advanced progressions like switch leaps and fouetté turns. At least 1 year of prior experience in ballet and jazz is required to attend this week.

HipHop & Acro

HipHop & Acro

June 26th - 30th, 9:00 am - 4:00 pm | \$285

Ages 10-13 | Studio 2 | Limit 16 Students

Dance classes this week will include Hip Hop technique, Tricking, and special Strength and Conditioning classes. We will also work on freestyle, to develop confidence and our own unique Hip Hop swag and style. Acro classes will meet in the tumbling area, where we will use the tumble track to work on acrobatic skills such as side aerials, back walkovers, and back handsprings. Students will be coached individually to work on tricks appropriate to their skill level.

Broadway Bound

Ballet, Tap, Jazz & Acro

July 10th-14th, 9:00 am - 4:00 pm | \$285

Ages 10-13 | Studio 2 | Limit 16 Students

Next stop, New York City! This week, we're focusing on techniques needed to perform in Musical Theatre. In addition to daily classes in Ballet, Tap, Jazz, and Acro, we will also work on acting and performing while dancing so we can light up that stage! At least one year of Ballet, Tap & Jazz is recommended to attend this week. Acro classes will meet in the tumbling area, where we will use the tumble track to work on acrobatic skills such as side aerials, back walkovers, and back handsprings. Students will be coached individually to work on tricks appropriate to their skill level.



Questions?
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